

## **Dr. Karockas Watkins Bio**

Dr. Karockas Watkins, "Doc Rock," is President and CEO of Ability Plus Inc. He holds a doctorate in Philosophy and Theology and a Master's in Theology from the North Carolina College of Theology. Dr. Watkins also holds a master's degree in Mechanical Engineering from Kettering University and a Graduate Certificate in Business Excellence from Vanderbilt University. He has served in Leadership Positions with General Motors and IBM for over ten years. Dr. Watkins is a keynote speaker and has facilitated leadership training in over 20 countries worldwide. He has also served in the executive leadership capacity with the International Covenant Ministry and Emmanuel Church for over 20 years.